

January 2006 is *National Mentoring Month* in the City of Alamosa

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WHEREAS: Youth need adult guidance and mentors to be role models, to help prevent abuse of alcohol, tobacco and other drugs, to help create involved citizens for our community's future and

WHEREAS: heightened awareness and education will encourage volunteers to come forward as mentors; and

WHEREAS: the City of Alamosa can be proud of the leadership role the professional community has taken in educating against alcohol, tobacco and other drugs and in supporting the local Mi Animo Prevention & Mentoring programs

WHEREAS: the City is fortunate to have many volunteers who provide one-on-one role models for youth in our rural communities.

NOW, THEREFORE: we, the Alamosa City Council and the citizens of our great community, do hereby proclaim **January 2006** as "**National Mentoring Month**" in the city of Alamosa.

Jamie J. Bury

 Signature

1-18-06

 Date



Joey Valencia

"Having a mentor has been special to me because he helps me out and talks to me about my problems."
 "My mentor has affected me because he is another person to talk to and he keeps our discussions personal."



Phillip Sena

"Having a mentor has been special to me because it is like having a buddy that you can talk to and help you solve problems. My mentor has affected because she keeps me out of trouble and includes me in fun activities."

Did you know? Mentoring works to lower alcohol and other drug use; it improves school attendance and boosts grades, too!



Mi Animo Prevention



Monet Atencio

"The Mi Animo Prevention & Mentoring Program and my mentor have helped me handle being the oldest sibling as well as knowing I experiences with me. The program has also helped me make goals and work towards accomplishing those goals. I have had fun with the program and my mentors, and I have learned that I don't ever want to do drugs or alcohol (especially if I want to accomplish my goals). The activities with the program and my mentors have kept me away from situations that I may have had the opportunity to use drugs."

Kelli Ortega



"The Mentoring Program and having a Mentor has helped provide opportunities for me to go on fun trips as well as providing other alternatives for me besides using drugs. By being a part of the program, I have gained much more self-confidence and have been able to become more outgoing and comfortable with my ability to speak with others I may not be that familiar with or in new situations."

