



What will I learn from this workshop?

Upon completion of the workshop, participants will be able to:

- Explain what evidence-based health promotion is and why it is important in health promotion program planning.
- Identify and locate reliable evidence based health promotion resources.
- Apply evidence based approaches to create effective community programs.


Developing “evidence-based” health promotion programs: What’s a health professional to do?

The latest trend in health promotion and health education seems to be using “evidence-based” programs. Decades of funding by the National Institutes of Health, the Centers for Disease Control and Prevention, and numerous private organizations and foundations have produced programs to address everything from drug abuse prevention to healthy survivorship after cancer. These programs have been studied using research designs that have produced strong evidence of their effectiveness. The “evidence-based” trend is all about getting these effective programs out into communities, so many people can benefit from this research.



**Rocky Mountain Prevention
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Evidence-Based Health Promotion Workshop



**November
1-2, 2006**

Alamosa, Colorado



Evidence-Based Health Promotion Workshop

Dates:

Wed Nov 1st 1:00pm - 8:00 pm
Dinner will be provided

Thurs Nov 2nd 8:00am - 12:30pm

Place:

Adams State College

Student Center, Room A131

Please register by

October 16th

with Emily Elliott or

Sue Davis at 719-589-5801

Space is limited.

How can you find an evidence-based program to fit your needs? How can you adapt an evidence-based program for your community?

In partnership with the San Luis Valley Prevention Coalition, the RMPRC is sponsoring a workshop in which participants will learn:

- what is meant by “evidence-based”,
- how people involved in program planning can search for and evaluate available evidence-based programs, and
- how evidence-based programs can be adapted to work for your community.

The faculty of the workshop will include RMPRC behavioral scientists experienced in program planning, and the workshop will incorporate hands-on opportunities to search for evidence-based programs using the internet.

REGISTRATION FORM:

FAX to Sue at 719-589-6126 OR

EMAIL to sue.davis@uchsc.edu OR

MAIL to RMPRC, Attn: Sue Davis, 204
Carson Ave., Alamosa, CO 81101

Name: _____

Organization: _____

Phone: _____

Fax: _____

Email: _____

Special needs for dinner: _____

Check topic preference for hands on work:

substance abuse

physical activity

obesity

other, specify _____

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